

A group of five people (three men and two women) are running through a sun-dappled forest. They are wearing athletic gear: a grey t-shirt and black shorts for the first man, a white tank top and purple leggings for the first woman, a white tank top and teal leggings for the second woman, a pink t-shirt and light blue shorts for the second man, and a pink tank top and black leggings for the second woman. In the top right corner, there is a red circular badge with the text "THE MAY 50K" in white.

THE MAY 50K

# WE'RE LEAVING OUR LIMITS BEHIND!

This May we are challenging ourselves to Roll, Walk, or Run 50km throughout the month, to raise vital funds for multiple sclerosis.

Please join our team today!



[www.themay50k.com](http://www.themay50k.com)



[@themay50kglobal](https://www.instagram.com/themay50kglobal)



[@themay50kglobal](https://www.facebook.com/themay50kglobal)